

# ROMA ECOMARATONA RULES

**Organization** The race is organized by 'ASD Roma Ecomaratona.

**Roma Ecomaratona** is a trail running race that is spread over a distance of **42.195 km**

**Subscriptions Registrations** are limited to **max 700 athletes**

**Deadline** The deadline for registration is **May 26** or at reaching the maximum number.

**According to the Sports Events' Rules and Regulations issued by FIDAL (Italian Athletics Federation), athletes willing to take part in the race must be 18 years of age on the day of the competition; no other restriction is imposed upon registration. Registration rules vary according to the runner's status:**

**a) Members of foreign Athletics' Associations** affiliated with either IAAF or must provide a copy of their membership card upon registration.

**b) Athletes who are neither resident in Italy nor members of any of the abovementioned associations** must provide the health form provided by Roma Ecomaratona upon registration. You can download it, it's available in English. Please fill in and sign your form and send it back to us by e-mail (as an attachment). The form must be filled in and signed according to legislation enforced in your country.

The registrations must be made through the electronic board at [www.romaecomaratona.it](http://www.romaecomaratona.it) or by **fax at No. +39 06 71077050 / +39 06 71073477** ( you can download the fax form)

**Registration Cost** The cost of registration is **€ 26 up to 20 / 05 / 2010 and 30 € from 21 to 26/05/2010**

**Methods of payment:**

**-> Bank transfer:**

**UGF SpA Bank branch 1136-42 Rome Agricola. Payable to "ASD Roma Ecomaratona."**

**IBAN --> IT51Y0312705074CC1670001136**

**Reason: Romaecomaratona Entry**

**Bib Numbers** The bib numbers will be delivered personally to each athlete after showed the a copy of the IAAF card or the health form;

They will be distributed separately starting **Saturday, May 29th from 15.00 at a special Stand located in Villa Torlonia-Frascati and the morning of 30 May from 7.00 to 8.30.**

**The number must be worn always visible for the whole duration of the race.**

### **Athletes Meeting**

The meeting is set at 7.00 am at Villa Torlonia - Frascati

**Starting time** It's fixed at **9.00 am from Villa Torlonia in Frascati (RM)**

**Time Limit** The maximum time provided is set to **9 hours.**

**Refreshments** During the race will be provided **6 refreshment point**, where **regenerant** products will be available; they must be consumed at the location.

**The refreshment products** must be consumed in the area bounded by the refreshment point itself, can not be brought glasses or something that can pollute the environment. Refreshments will be provided in each of the containers for collecting waste that must be necessarily used by all athletes.

**Race Packet** All athletes will receive a race packet with the bill number.

**Prizes** Will be awarded the **first 5 men and 5 women** in the general ranking and the first three man and women in each category. Prizes are not cumulative and there **are no cash prizes.**

**The 3 biggest teams will be rewarded.**

### **Path and race**

The organization staff reserves for organization and security reasons to change the route of the race or to cancel the same until one hour before the starting time.

**Roma Ecomaratona** as other trail running races are challenging both for the journey, both for the difficulties you may encounter along the way as the rough terrain, gradient height etc., So it is required to those who subscribe, a careful training and a real capacity for personal autonomy.

### **FINAL:**

The Organizing Committee of Roma Ecomaratona reserves the right to amend these Rules at any time in order to ensure a better organization of the race. Any changes to services, locations and times will be appropriately communicated to the athletes registered with our website.